



BMA HOUSE
LONDON

Directions to BMA House

2020

Directions to BMA House



Directions from Euston Station

Walk into the station forecourt with the platforms behind you and head towards the exits to the left of the station. You should walk to the main road on the left which is **Eversholt Street**. Turn right onto this road and walk down to the traffic lights at the junction with **Euston Road**.

Cross straight over the road which turns into **Upper Woburn Place**. There will be a Prezzo restaurant on the right hand corner. Walk down this road and at the Hilton Hotel cross the road at the zebra crossing. Keep walking until you reach the Natwest bank.

The BMA House entrance is the next main door and is signed BMA Reception.

If you reach the Starbucks coffee shop you have gone too far.



Directions from Kings Cross Station

Follow our **Clean Air Walking Route**, which has 57% less air pollution than Euston Road. See route on page 4

Walk out of the main exit of the station – you will be on **Euston Road**. Turn right down **Euston Road** with Kings Cross behind you and walk in the direction of St Pancras Station (the west end may also be sign posted).

Follow **Euston Road** straight for about five minutes until you get to a fire station on the right hand side (on route you will pass the Renaissance Hotel and British Library on your right).

At the traffic lights by the fire station turn left to cross **Euston Road** onto Upper Woburn Place. You will see a Prezzo Restaurant on the opposite corner. Walk along **Upper Woburn Place** for a couple of minutes – you will reach the Natwest Bank.

The BMA House entrance is the next main door and is signed BMA Reception.

If you reach the Starbucks coffee shop you have gone too far.



Directions from Russell Square Station:

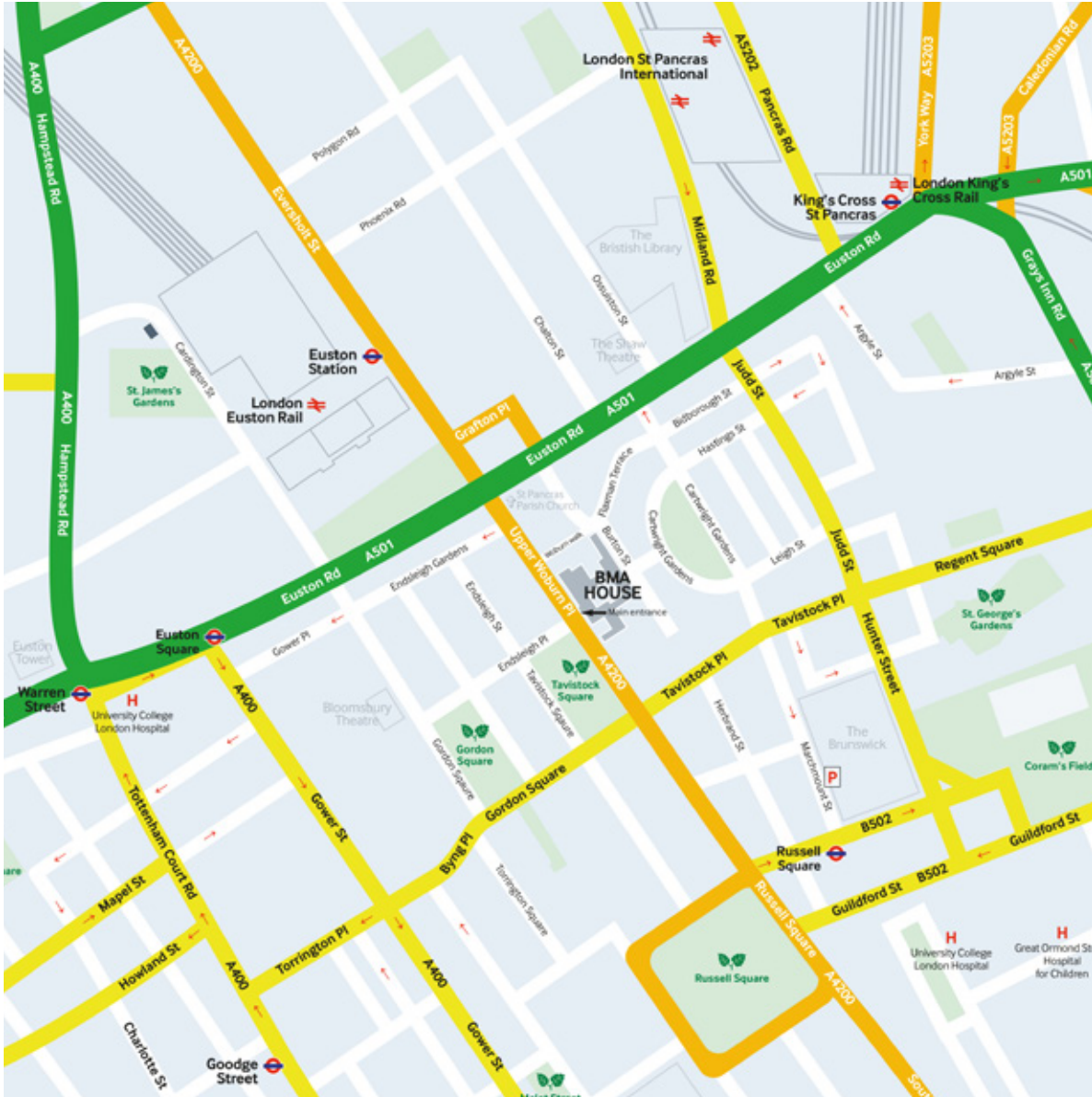
Exit the station and cross the road at the zebra crossing to the Tesco Express store. Turn left and walk to the end of the road, HSBC will be on your right hand side.

Turn right on to **Upper Woburn Place** and continue straight forward. Continue straight crossing over **Coram Street** and continue onto **Tavistock Square**.

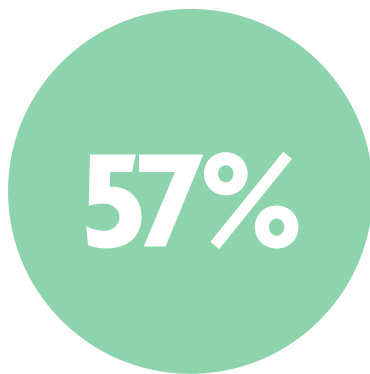
Continue straight and you should pass Starbucks on your right hand side. Walk past the red Royal Mail postbox and the main entrance to BMA House is the next set to blue doors your right and is signed BMA Reception.

If you reach the Natwest bank you have gone too far.

Directions to BMA House



Follow our clean air walking route



less air pollution than
Euston Road



of your 10,000
recommended steps a day